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Elixir guide zelda breath of the wild



Extra Stamina Gives you bonus stamina that will be used when the normal gauge runs out. Effect is what the elixir does. Add extra stamina with an Enduring Elixir made from Restless Crickets or Tireless Frogs. Want to run or climb faster than normal? Defense Up Take less damage from attacks. You can also find recipes to see how to make elixirs and the materials you need for the various effects! Elixirs differ from the cook food in two ways; they use Monster Parts as ingredients, and they always have an effect. Cooking pots are easy to find in stables and villages. Extra Hearts Gives you bonus hearts that will decrease before your normal hearts. Cold Resistance Become able to withstand colder temperatures. Always check each critter or monster part attribute to get the highest quality of elixir before making one. The effects of some elixirs in BOTW are all or nothing; they work. Exit your menu and step close enough to the cooking pot for the Cook option to appear (A button), then start cooking! You'll see the result immediately, but you can also check it via the Food tab in the Inventory. Create elixirs by throwing the ingredients into cooking pots, the same way you cook food. List of All Items Chilly Elixir Winterwing Butterfly or Cold Darner+ monster part Heat resistance Yes Electro Elixir Electric Darner or Thunderwing Butterfly+ monster part Electric resistance Yes Enduring Elixir Restless Cricket or Tireless Frog+ monster part Adds extra stamina Yes Energizing Elixir Restless Cricket+ monster part Restores stamina Yes Fireproof Elixir Fireproof Lizard+ monster part Flame resistance Hasty Elixir Hot-Footed Frog or Hightail Lizard+ monster part Increases movement speed Hearty Elixir Hearty Lizard or Fairy+ monster part Adds extra hearts Yes Mighty Elixir Chuchu Jelly + Bladed Rhino Beetle Increases attack Sneaky Elixir Sunset Firefly+ monster part Increases stealth Spicy Elixir Warm Darner or Summerwing Butterfly+ monster part Cold resistance Yes Tough Elixir Rugged Rhino Beetle + monster part Increases defense Thanks for letting us know! Tell us why! This is a list of all the elixirs you can make in Legend of Zelda: Breath of the Wild (BotW). Add extra hearts to increase your lifespan by making an elixir using Hearty Lizards or Fairies. Make one using Sunset Fireflies. That tough fight we just mentioned? Next you choose the base materials you'll use to make the elixir, based on what kind of buff you want. A Hasty Elixir made from Hot-Footed Frogs or Hightail Lizards will do the trick for a little while. Make it using Electric Darners or Thunderwing Butterflies. Common monster parts offer short-term benefits, while rare ones last longer. Movement Speed Up Walking and running speed will be increased. Heading into a snowy territory and don't have the cold-weather armor? If you base your potion on an animal with heat resistance, it will give you heat resistance. Heading into a big fight with an adamant foe (I'm looking at you, Silver Lynel)? In that case, use Rugged Rhino Beetles to create a Tough Elixir. Check out the descriptions of animals in your inventory for more details. Duration is how long the elixir lasts. Are you climbing a wall or paragliding and running out of energy? Just like when cooking food, you can only create elixirs by mixing your ingredients in a cooking pot. Stamina Restoration Immediately recovery part of your stamina gauge. Don't just boost your hearts; increase the power of your attacks, too. Then you'll need to learn how to make elixirs in BOTW. Here's a quick overview of the recipe needed for every elixir and what it does in The Legend of Zelda: Breath of the Wild. Try not to waste your precious materials by adding ingredients that are not included in the recipe. Flame Guard Immune to burning, whether from environments or attacks. Facing a fiery foe like some kinds of Chuchus, Wizzrobes, or Lizalfos? Stealth Up Make less sounds when moving, allowing you to sneak up on enemies. Critters and monster parts with the same attribute have the most compatibility when cooked into an elixir. All elixirs in Breath of the Wild are a combination of animal parts and monster parts. Shock Resistance Take less damage from electric attacks and lightning. Heat Resistance Become able to withstand higher temperatures. Elixir Name Ingredients Effect Levels of Effect? Do it using a Mighty Elixir from Chuchu Jelly and Bladed Rhino Beetles. The short-term protection of an Electro Elixir will help. Use these elixirs in Breath of the Wild running on both the Switch and Wii U. Get monster parts by picking them up after killing monsters. For example, the effect of a Chilly Elixir is heat resistance. For example, one way of making a basic stamina potion is to hold a Restless Cricket and a Keese Wing and cook them, and if you want more stamina recovery you can add more Crickets. Remember, for all of these elixirs, you need monster parts, too. The animal used in the recipe determines its effect. Adding a single apple, for example, will result in a Dubious Food. In other cases, the more animal parts you use, the stronger the effect, and the more monster parts you use, the longer it lasts. You can then power up the effect by adding more Creatures, or make the potion last longer by adding more Monster Spoils. In the Gerudo desert or another sweltering place and need to cool down? A Sneaky Elixir makes it harder for you to be spotted. Need a short-term boost and protection from specific attacks or weather conditions in The Legend of Zelda: Breath of the Wild? Get animal parts from catching or buying animals like butterflies, crickets, and frogs, so travel to one and start looking for a cooking pot. If you're in bad environmental conditions or are facing a tough fight, elixirs might save you. Down a Spicy Elixir to boost your cold resistance. Need to stay stealthy when creeping around big monsters or on tricky missions? The monster parts you use dictate its length. Avoid plummeting to your doom by restoring your stamina wheels using an Energizing Elixir made from Restless Crickets. Avoid randomly selecting each material and first decide on what elixir you want to make, then look for the creatures and monster materials that will give the buff. Need to climb a particularly tall wall or tower, or swim a long way, and worried you wouldn't last? Gather Materials Look for a Cooking Pot Select the Materials Start Cooking All Elixirs are made by combining a Monster Part and a Creature with the desired effect. Protect yourself with a Fireproof Elixir made from Fireproof Lizard. When you've made an elixir, you take it the same way you eat meals. Every elixir in Breath of the Wild has two critical attributes: effect and duration. These effects can boost things like your health, stamina or attack power, or serve to protect you against the elements of Breath of the Wild. You'll need Warm Darners or Summerwing Butterflies. Is there a lightning storm, or are you fighting an Electric Lizalfos or Electric Wizzrobe? For some tough battles, you may want to increase your defense against enemy attacks. Make a Chilly Elixir using animals with heat resistance like Winterwing Butterflies or Cold Darners. Effect Explanation Attack Up Deal more damage than usual. Especially stamina potions are super useful, so let's get cooking! Item Ingredients / Effect Chilly Elixir · Monster Part · Heat Resistance Creature Heat Resistance Electro Elixir · Monster Part · Shock Resistance Creature Shock Resistance Enduring Elixir · Monster Part · Extra Stamina Creatures Extra Stamina Energizing Elixir · Monster Part · Stamina Restoration Creatures Stamina Restoration Fireproof Elixir · Monster Part · Flame Guard Creatures Flame Guard Hasty Elixir · Monster Part · Movement Speed Up Creatures Movement Speed Up Hearty Elixir · Monster Part · Extra Hearts Creatures Extra Hearts Mighty Elixir · Monster Part · Attack Up Creatures Attack Up Sneaky Elixir · Monster Part · Stealth Up Creatures Stealth Up Spicy Elixir · Monster Part · Cold Resistance Creatures Cold Resistance Tough Elixir · Monster Part · Defense Up Creatures Defense Up Item Ingredients Fairy Tonic Not really food, and yet not really an elixir, Fairy Tonics are potions made with Fairies that heal large amounts of hearts. Elixir Material Requirements Critter + Monster Part Some materials can be bought from shops or traveling merchants, but you'll probably find most of your ingredients as you adventure through Hyrule.

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